

HUDSON ELMS
563 W. Streetsboro St.
Hudson, Ohio 44236

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Information

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STAFF SHOUT OUT!

Special shout out to our staff, who have been such an incredible force of good for our residents this holiday season! We couldn't ask for a better team, all of whom came together to make our December festivities a huge success!

Seen here is our D.O.N. Tina (Left) and Nurse Tia (Right) helping to pass out gifts to our residents during their Christmas Party!

WHY ACTIVITIES?

Hi guys, Sara here! As an Activities Professional of nearly 8 years, I would love to toot my own horn and say it's because I'm awesome. *Which I am.* But that's the smallest piece of the puzzle. Thankfully, the real answer is a lot simpler.

Kids aren't the only ones who develop through play. Think about it! Some of our most purposeful or memorable moments involve having fun. With friends, family, and even on our own! We're more likely to keep doing something we enjoy. That's where activities comes in.

Because, while it may look like play from the surface, our activities are designed to promote physical activity, social and emotional wellness, and strengthen our brains! That's only the big picture.

Check out our calendar for more ideas!

January 2025

NEWSLETTER

Hudson Elms | 563 W. Streetsboro St, Hudson, OH 44236 | 330-650-0436

MEET THE TEAM!

ELISHA WITCHER
Administrator

TINA SHOOK
Director of Nursing

MICHELLE BARNES
Assistant Director of Nursing

REBECCA LEE
Business Office Manager

ISEOLA EVANS
Scheduler

PAULA OLIVER
Assisted Living Manager

JEN BILLINGS
Social Worker

SARA BOOKER
Activities Director

JASON VANHORN
Director of Food Services

MORGAN DORSEY
Admissions and Marketing

TOM WALSH
Maintenance Director

CHERLYN DAY
Director of Therapy Services

HELP US RING IN THE NEW YEAR!

With 2024 officially behind us, we set our sights on a year of new beginnings. Of course, the promise of longer, sunnier days is a bonus!

In the spirit of new beginnings, we've added new programs to our January calendar! Don't see something you're interested in? Don't sweat it! We're always adding new things, and we love feedback from residents, families, and staff!

EXERCISE: Get a jump on those resolutions! Did you know? By exercising 15-30 minutes each day, our brains generate "happy hormones" that boost our moods! Check out our daily seated exercise classes for a chance to get involved and feel good!

LIFELONG LEARNING: These discussion-group style programs are designed to bring us together through shared experiences and introduce us to new ideas! This weekly program will have a different topic each week. Do you have an idea for a topic? Let us know!

ARMCHAIR TRAVEL: This monthly activity is broken into weekly classes, each designed to highlight the history, culture, and beauty of a new country. In honor of the Chinese New Year, of course our first stop is China!

GENERAL STORE: Getting to a store can be a hassle, and those pesky vending machines are a pain. Stop by our monthly shop to stock up on snacks, toiletries, and more! All proceeds are added to our Programming Fund!